

October 2024

Let's Have a Little Fun!

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|---|--|----------|
| Wellness Theme: Breast Cancer Awareness | | 1  International Coffee Day | 2 | 3 | 4  National Taco Day | 5 |
| 6  National Mad Hatter Day | 7 | 8 | 9 | 10 | 11  Myths & Legends Day | 12 |
| 13 | 14 | 15  I Love Lucy Day | 16 | 17 | 18 | 19 |
| 20 | 21  National Apple Day | 22 | 23  Lung Health Day | 24 | 25 | 26 |
| 27 | 28  National Chocolate Day | 29 | 30 | 31  Happy Halloween | Therapy Theme: Signs & Symptoms of Breast Cancer October is Physical Therapy Month | |

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