

April 2024

Let's Have a Little Fun!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 PARKINSON'S AWARENESS MONTH	1 April Fools' Day 	2	3 National Walking Day 	4	5	6	
7	8	9	10	11 	12	13 National SCRABBLE Day 	
14	15	16	17	18 National Exercise Day 	19	20	
21	22 Earth Day 	23	24	25	26	27	
28 National Superhero Day 	29 International Dance Day 	30	 OCCUPATIONAL THERAPY MONTH				Wellness Theme: The Impact of Stress Therapy Theme: Know the Signs of Stress

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