

# February 2024

Let's Have a Little Fun!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Wellness Theme:  <b>8 Sweet Ways to Love Your Heart</b>            February 1-7  <b>National Patient Recognition Week</b></p>				1	2	3
					Groundhog Day National Wear Red Day	
4	5	6	7	8	9	10
			National Pay a Compliment Day		National Pizza Day 	
11	12	13	14	15	16	17
Make A Friend Day 		 World Radio Day	 Mardi Gras	 Valentine's Day	 Susan B. Anthony's Birthday	National Caregivers Day
18	19	20	21	22	23	24
	 Presidents Day				 National Chili Day	
25	26	27	28	29	Therapy Theme: <b>Know the Facts About Heart Disease</b>	
				Leap Day!		

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