

# September 2023

Let's Have a Little Fun!

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

September 18-24  
**National Rehabilitation Awareness Week**  
 Wellness Theme: **Healthy Aging**  
 Therapy Theme: **Fall Prevention**



3 	4 <b>Labor Day</b>	5	6 <b>National Read a Book Day</b> 	7	8	9 <b>International Sudoku Day</b> 
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10 <b>Grandparents Day</b> 	11	12	13	14	15	16
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17 <b>Oktober Fest</b> 	18 National Fall Prevention Week begins (thru Sept 24)	19 <b>International Talk Like a Pirate Day</b> 	20	21	22	23
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24	25	26	27	28 <b>Good Neighbor Day</b> 	29	30
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