

November 2023

Let's Have a Little Fun!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Wellness Theme: Health Benefits of Gratitude Therapy Theme: American Diabetes Month			1	2	3  National Sandwich Day	4
12	6  National Nachos Day	7	8	9	10	11  World Origami Day Veterans Day
5	13	14  National Pickle Day	15	16  National Button Day	17	18  Mickey Mouse Day
19	20	21	22	23  HAPPY Thanksgiving	24	25
26  National Cake Day	27	28	29	30  National Mason Jar Day		

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