

# August 2023

Let's Have a Little Fun!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 	2	3 National Watermelon Day 	4	5
6  Friendship Day	7	8 World Cat Day	9 National Book Lovers Day 	10	11	12  National Bowling Day
13	14  National Creamsicle Day	15	16	17	18	19  National Potato Day
20	21  World Senior Citizen Day	22	23	24	25 National Banana Split Day 	26
27	28	29	30	31	Wellness Theme: Overcoming Social Isolation  Therapy Theme: Understanding Isolation	

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