January 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
New Year's Day	2	3	National	5	6	7
8	9	10	Spaghetti Day	12	13	14
					National Rubber Ducky Day	National Dress Up Your Pet Day
15	MLK Jr. Day	17	18	National Popcorn Day	20	21
Chinese New Year	National Handwriting Day	National Compliment Day	25	26	27	28
29 National Puzzle Day			Wellness Theme: Healthy Resolutions Therapy Theme: Managing Pain Naturally January is Bath Safety Month			

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