

September 2022

Let's Have
a Little Fun!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September 19-23 National Rehabilitation Awareness Week Wellness Theme: Healthy Aging Therapy Theme: Fall Prevention				1  American Chess Day	2  National Blueberry Popsicle Day	3
4  Labor Day	5	6 National Read a Book Day 	7	8	9  International Sudoku Day	10
11  Grandparents Day	12	13	14	15	16	17  Oktober Fest
18	19  International Talk Like a Pirate Day	20	21	22	23	24
25	26	27	28  Good Neighbor Day	29  National Coffee Day	30	

ayow.com

