













# November 2022

Let's Have a Little Fun!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 	4	5
6 	7 	8	9	10	11  <i>Veterans Day</i>	12
13	14 	15	16 	17	18 	19
20	21 	22 	23	24 	25	26 
27	28	29	30 	Wellness Theme: <b>Health Benefits of Gratitude</b> Therapy Theme: <b>American Diabetes Month</b>		

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