

April 2022

Let's Have a Little Fun!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 <p>PARKINSON'S AWARENESS MONTH</p>		 <p>OCCUPATIONAL THERAPY MONTH</p>		<p>1 April Fools' Day</p> 	<p>2 National Peanut Butter & Jelly Day</p> 
3	4	5	6	7	8	9
10	<p>11 Barbershop Quartet Day</p> 	<p>12 National Grilled Cheese Sandwich Day</p> 	13	<p>14 Reach as High as You Can Day</p> 	15	16
<p>17 HAPPY EASTER</p> 	<p>18 National Animal Cracker Day</p> 	19	20	21	<p>22 Earth Day</p> 	23
24	<p>25 World Penguin Day</p> 	26	27	<p>28 National Superhero Day</p> 	<p>29 International Dance Day</p> 	<p>30 International Jazz Day</p> 

Wellness Theme:
The Impact of Stress

Therapy Theme:
Know the Signs of Stress

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