

# August 2021

Let's Have a Little Fun!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1  Friendship Day	2	3  National Watermelon Day	4	5	6	7 
8  World Cat Day	9  National Book Lovers Day	10	11	12	13	14  National Bowling Day
15	16	17	18	19  National Potato Day	20	21  World Senior Citizen Day
22	23	24	25  National Banana Split Day	26	27	28
29	30	31				

Wellness Theme:  
**Overcoming Social Isolation**  
Therapy Theme:  
**Understanding Isolation**

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