

Success Story: Oak Manor

Ruben Velasquez came to us following a second amputation in April 2018. He required assistance with ADLs and transfers. Therapy began the process of rehabilitation, and a prosthetist was consulted to fit him for his second prosthetic leg. He began his therapy journey in earnest; his goal was to walk again and be able to return home alone. Due to complications with wound healing and weakness from dialysis, it originally was thought he would never walk again. He even was fitted for a power wheelchair.



Ruben received his second prosthetic in the August 2018, and after much hard work and dedication, he is now walking with supervision up to 240 feet! He continues to gain strength, balance and confidence and has decided to live here with us and go home for family functions and holidays as he wishes. When asked what he thinks now, he says "I can't beat my life. I have a great family; we still meet at the house all the time. You guys got me walking."

Success Story: Arbor Terrace

Every patient that comes through the doors at Arbor Terrace brings with them their own trials and tribulations. Our job as therapists is to work together helping them break free of obstacles and plateaus to become their best self. Bertha Hardin was no different. She came to us in pain, had difficulty walking and overall had a very challenging time participating in necessary ADLs. It took a few weeks for Mrs. Hardin to warm up to us, however she was diligent in her participation, and slowly but surely, she began to show improvement.

The first inkling of progression was evident in her increasing strength in both her upper and lower extremities allowing her to interact more with her environment. Every day she was able to gait train a little further exuding more and more confidence with each step. After a few weeks, our PT/OT therapists felt it was time for Mrs. Hardin could begin walking independently within the facility.



Tears welled up in her eyes, and ours as well, when we handed over her own rolling walker. She exclaimed she never thought she'd be at this level of independence again and repeatedly mentioned how grateful she was for our time and efforts. Little did she know, it was truly her optimism and hard work ethic that paved the way for her success.

Even though Mrs. Hardin has since graduated from our therapy services, she still makes time to swing by and visit with us where she enthusiastically encourages other residents. As therapists, residents like Mrs. Hardin, enthusiastic, hard-working, and goal oriented, are what make us go home at night with a smile on our faces.